Yule tide greeting from Viking Bhai Emmanuel, who is doing nothing- but conquering Yankeestan in silent, spontaneous and joyous ease ... Viking - waid . Wu! The annual mas of Christ is happening upon us again-, and thoughts of Love and Gratitude go unto friends all over the little earth-and-water globe and also to many in the invisible Real. But time for letter writing is very elusive here in the Far West. Most folks here are extrovert, exoteric and pleasure_oriented. Much surplus energy is dissipated in ego_gratification, ego-exhibitionism and food fuss. There is a giddy whirl of surface enjoyment and mere happiness, says Wuji. He is concentrated in depth_consciousness- and so is anandaful and Whole, if not holy: "If Christ a thousand times in Bethleheim were born, and not within thyself, it is forlorn (in vain). So quotes Meister Eckhart, who often proclaimed the birth of the indwelling Christ Emmanuel, But Sri Wuji contends that the inherent Christ_Self was never born and never crucified along with human body, -mind and egojies. Also he maintains, that we, our Self, likewise cannot die, because It was never born: We are the Christos, the immortal Spirit. So, in celebrating the birth of the Christ Consciousness Joshua ben Joseph, we might well and profitably; focus the awakening of the inherent Emmanuel: the Christ consciousness, the mature awakening into Self:hood, Wholeness, Grace Lawareness, instead of dissipating vital energy in food_fuss and ego_pleasure, ego_exhibition and fleeting happiness. There is really nothing to attain, achieve, conquer, control- or become, but just the mature awakening into conscious, abiding Selfawareness in what IS and what we as egojies, are not: Egocoblivion is Self-awareness-. Christ is the non dual Experiencing, the Graceawareness. Being-Awareness-Grace, "Satchitananda" -- TAT TWAM ASI.

"Seek, find and experience first the inner realm of Grace- and all mere things will be added unto you". All things, bodies, minds and egojies change constantly, and so, are not Real-enough. Aware and experience THAT which does not change. Intuit your Self, our Self, THE SELF. The Christ consciousness Joshua Ben Joseph experienced being the Tao Way, The Reality Truth and the Eternal Life. We are all THAT. Be It and live It, consciously aware and at joyous ease. "The One remains-, the Many change and pass". Heaven's Light forever shines. Earth's shadows fly. Ego: life, like a Dome of many coloured glass, stains the White Light of Eternity..."

Birth and death are complimentary opposites. Life has no opposite. It is a Whole Mystery...the greatest Miracle- and tat twam asi'-. Neurosis is a deep ego:hankering after attention- and attention feeds the ego. Psychoanalysis and mentology, at their best, are ego_trips: making the ego normally dis:eased and not transcended. It cures the symptoms, not the dis:ease, the cause of which are many. Ego is neurosis and mind is a dis.ease. They exist only in relationship, in Duality_play-. Solitude has a healing effect. Aloneness can be All oneness. "Beate Solitude. Sole Beatitude." Sahaja Samadhi is a deep sleep with full consciousness on pure awareness- in Self hood-- a la Ramana Maharshi. The intuitive Light reveals Reality, Grace awareness and All Rightness in Swa Lila.

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